

MEDICAL & COUNSELING RESOURCES

COMPLETE LISTING OF MEDICAL & COUNSELING RESOURCES

FCWS Call Center 904-915-HELP (4357)

EMERGENCY RESOURCES

Suicide Hotline (800) 273-8255

Rape Center Victim Services (904) 721–7273

> Poison Control Hotline 1-800-222-1222

<u>Florida Child Abuse Hotline</u> 1-800-962-2873

> Abortion Pill Reversal 1-877-558-0333

First Call for Help (United Way) Dial 211 or (904) 632–0600 Provides information on available charities that provide assistance.



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<u>Medical Care and Health</u> <u>Services For Women & Children</u>

DUVAL COUNTY HEALTH DEPT.

Main Number: 253-1000

All clinics below will provide STD testing, and medical care for women including: Maternity Care, Family Planning and Gynecological Care including Pap-smears. Some centers can also provide comprehensive care to entire family, including children. All accept Medicaid and can evaluate financial needs of client seeking medical care.

Agape West Community Health Center

120 King St (904) 760-4904

Beaches Family Health Center 2344 South 3rd St. (904) 253–1080

South Jax Primary Center 3225 University Blvd. Suite 101 (904) 253-1220

Wesconnett Health Center 5150 Timuquana Rd. (904) 253–1130

Center for Women & Children 515 West 6th St. (904) 253-1080

Florida Kid Care (888) 540-KIDS

Kids 'N Care (for foster children only) (904) 253–1080 515 W 6th St

Agape Family Health

904-760-4904 120 King ST 5460 Blanding Blvd 1680 Dunn Ave 3900 University Blvd Primary Care for Children & Adults, Chronic Disease Mgmt., On-Site Pharmacy, Mobile Medical Bus

Clay County Health Dept. Bear Run Clinic

3229 Bear Run Blvd, Orange Park, FL 32065 (904) 272–3177 www.clay.floridahealth.gov

WE CARE JACKSONVILLE, INC.

4615 Philips Hwy Free medical treatment—primary and specialty care— for indigent Duval County residents. Coordinator, Mrs. Freddie Webster (904) 674-6450 Pregnant women are referred to the Health Dept.

Participating We Care Cinics:

Christ the King Clinic South Jacksonville Family Health Clinic 1736 University Blvd. South Walk-ins only Every 4th Saturday of the Month 9-1

Healing Hands Medical & Dental Clinic

5128 Timuquana Rd. (904) 573-1333

I.M. Sulzbacher Health Center

Medical & Dental 611 East Adams St. (904) 359-0457 ext. 263

Mission House Clinic

(904) 241-6767 800 Shetter Ave. Jax Beach Call for appointments Mon & Thurs 1-3p

Oasis Medical Clinic

(904) 744-2133 2961 University Blvd N. Jacksonville, FL 32211 Habla Español

Community Health Outreach

5126 Timuquana Rd, Jacksonville, FL 32210 (904)-573-1333 www.chojax.org Community Health Outreach Services Include: • Emergency Dental Treatment • Primary Medical Care

- Food Assistance
- Preventive Medical and Dental Care
- Health Awareness Programs
- Infant & Baby Items

Immunizations

Immunizations Center 5322 N. Pearl Street (904) 253-1420

Other Healthcare Providers

Healthy Start Coalition (904) 723-5422

I.M. Sulzbacher Health Center

611 E. Adams St. (904) 359-0457 ext. 263 Free medical care for the homeless. Open Mon-Sat 9am-noon,Mon-Fri 2-4pm

St. Vincent's Family Practice

Does not accept after 22 weeks. Miss McIntosh (904) 308-7372 Riverside Accepts Medicaid, offers STD testing New OB patients, call (904) 308-8404

UF Health Little Miracles

Maternity Services (904)244-8109 Client must deliver at Shands and not have an application pending with Dept. of Children & Families. Accept presumptive Medicaid, most insurance & sliding scale payment program for clients with no insurance.

Volunteers In Medicine

Does not cover pregnancy 3728 Philips Hwy #34 (904) 399-2766 Free medical care (including pap smears and mammograms) and some medicines for Uninsured Workers earning a \$13,000 minimum income. Does not accept Medicaid.

Legacy of Care Health Clinic

Provides free medical care for adults without health insurance and free health screenings to residents of Jack sonville. (904)-745-9333 www.legacyofcare.net

The Way Free Medical Clinic, Inc.

479 Houston St, Green Cove Springs, FL 32043 (904) 531-9504

Dental Referrals

Health Department Clinics:

*Full service, for children ages 1-20 Those not eligible for government assistance must meet with financial advisor.

PARTICIPATING LOCATIONS:

Children's Dental Center @ Central Health Plaza 515 West 6th Street (904) 253-1210

North Point Dental Center 3416 Moncrief RD (904) 253–1783

South Jax Dental Clinic (904) 253–1240 1722 University Blvd. South

Wesconnett Dental Center

5150-9 Timuquana Rd. (904) 253-1130 **Dentists Care of Jacksonville**

*For low-income, uninsured adults.

Children's Dental Care 921 N Davis ST Bldg A #251 (904) 253-1230

PARTICIPATING CLINICS:

City Rescue Mission (904) 387-4357 ext. 4207 426 S. McDuff Ave. Open Tues, Thurs & Fri. (must be resident of mission)

Healing Hands Medical (904) 573-1333 5126 Timuquana Rd. Long waiting list. THIS IS THE SAME AS LORDS STORE

Sulzbacher Center Dental Clinic

Beaches: 904-224-3550 Downtown: 904-394-8060 Open Thurs. 2-4 pm Homeless only (ER Housing 359-0457) *Accepts Medicaid, Sliding Scale Payments & Most Insurance.

**Other reduced-cost clinics: Florida Baptist Convention

Mobile Dental Clinic (904) 596-3113 Travels throughout state of Florida. Extractions and fillings are FREE

Family Dental Resources

www.doh.statefl.us/ Patients must meet certain low-income



Medicaid Information

For all Florida counties: 1-866-762-2237 English, Spanish and French spoken. Fax (904) 723-2079

Social Security Administration

7185 Bentley RD #1 800-772-1213 If you are new applicant for Medicaid, a representative at the above toll-free number will advise you which Service Center is in your area. Applications take at least 30 days to process.

Application Assistance:

1100 Cesery Blvd, Jacksonville FL OR 1918 Blanding Blvd, Jacksonville, FL 1845 Town Center Blvd. Fleming Island, FL

If you already have Medicaid, call (888) 419-3456 for a representative.

Or visit their websites: www.myflorida.com/accessflorida OR http://www.dcf.state.fl.us/ess/index

UF Health Little Miracles

655 West 8th Street at the Critical Center (904) 244-BABY For women delivering at Shands only! 45-day presumptive Medicaid only. Clients cannot have a pending application with Dept. of Children & Families or they are will not qualify for the program.

Insurance Information

Covering Families 1-866-762-2079 www.myflorida.com/accessflorida A national program that assists with low cost and free health insurance through Medicaid

Florida KidCare

(888) 540-5437 www.floridakidcare.org Subsidized health insurance for children of impoverished families. Cost contingent on family income and size. Habla Español

Medical Expenses Information

UF Health Outpatient Financial Services (904) 244-4015 option 1 ufhealth.org/financial-assistance This organization provides reduced cost medical services at Shands Hospital for qualified clients.

UF Health Women's Health Services

(904) 244-0411 ufhealthjax.org/womens-services/

UF Health Little Miracles

(904) 244-8109 ufhealthjax.org/community/little-miracles.aspx

The Little Miracles Program began to improve the health of mothers and their babies in Jacksonville and to encourage prenatal care. The program hosts three city-wide baby showers a year.

655 West 8th Street Jacksonville, FL 32209

Consumer Credit Counseling

Consumer Credit Counseling Services Jacksonville Beach (904) 249-5992



OB/GYN Offices

North Florida OB/GYN Offices

womenscareobgyn.com <u>Jacksonville</u> 2525 Riverside Avenue, Jacksonville, FL 32204 904.388.-0704

9404 Way Point Place, Jacksonville FL 32257 904-387-9577

2363 Dunn Ave, Jacksonville FL 32218 904-387-9577

3 Shircliff Way, Suite 200 & 310 Jacksonville, FL 32204 904.387.9577

9889 Gate Parkway N, Suite 205 Jacksonville, FL 32246 OR 836 Prudential DR #1103 Jacksonville, FL 32207 904.398.7654

6885 Belfort Oaks Place, Suite 300 Jacksonville, FL 32216 904.296.4200

<u>St. Augustine</u> 301 Health Park Blvd. Ste. 219 St. Augustine, FL 32086 (904) 819-9898

<u>Orange Park</u> 1680 Eagle Harbor Parkway, Suite A Orange Park, FL 32003 904.264.9555

1605 Kingsley Avenue, Orange Park, FL 32073 904.269.5600

<u>Yulee</u> 850966 US Highway 17N, Yulee, FL 32097 904.321.2229

<u>Beaches</u>

1361 13th Avenue S., Suites 190 & 110 Jacksonville Beach, FL 32250 904.247.5514 Accept Medicaid w/ Primary Referral

<u>Fernandina Beach</u> 1411 South 14th St Suite D, Fernandina Beach, FL 32034 904-321-2229

<u>Macclenny</u> 725 South 6th Street, Macclenny, FL 32063 904-264-9555

North Florida OB/GYN offices listed accept the following Medicaid: Molina Healthcare United Healthcare's Medicaid -M * Plus Wellcare of Florida (Staywell & Florida Healthy Kids)

UF Health Women's Specialists

1155 East 21st Street, Jacksonville, FL 32206 (904) 383–1028

15255 Max Leggett Parkway Suite 4400 Jacksonville, FL 32218 (904) 383-1000

Florida Women's Care

3627 University Blvd South #340, Jacksonville, FL 32216 904–574–5994

4788 Hodges Blvd # 104, Jacksonville, FL 32224 904–574–5221 Accepts Molina & Sunshine State Medicaid

St. Vincent's OB/GYN 4203 Belfort RD Jacksonville, FL 32216 904–296–5688 Accepts Molina and Sunshine State Medicaid

Private OB/GYN Practices

Dr. Michelle McLanahan

8075 Gate Parkway W #305 Jacksonville, FL 32216 Accepts Sunshine State & United Healthcare Medicaid

Dr. Quadir Khan

11701 San Jose Blvd, #114 Jacksonville, FL 32223 904-288-6910 Accepts Molina, Sunshine, and Staywell Medicaid Plans

Shands Little Miracles

655 West 8th ST Jacksonville, FL 32209 904-244-2229

<u>Orange Park</u>

Generation to Generation 1887 Kingsley Avenue #1500 Orange Park, FL 32073 904-633-0880

Dr. Hyler & Associates

1560 Kingsley Avenue Suite 4 Orange Park, FL 32073 (904) 264-1628

1658 St. Vincent's Way Suite 130 Middleburg, FL 32068 (904) 264-1628

Grief Support

Bereavement Services/Wolfson Children's Hospital (904) 202-8000

Hope & Healing (miscarriage, stillbirth, early infant death) 904-549-6114

The Compassionate Friends

Child loss support group, monthly meetings Jacksonville (904) 308-7481 St. Augustine (904) 794-5609

Grief Share

(904) 366-1236 First Baptist Church pastoral ministry Meets Sunday evenings; cover 10 topics.

<u>By fee????</u>

Cindy L. Richetti LMHC MH 5791 100 Executive Way, Ponte Vedra Beach, FL (904) 280-8006



Counseling

Mandarin Christian Counseling

2950 Halcyon Lane #204 Jacksonville, FL 32223 (904) 262–1900 and 235 9th Avenue North Jacksonville Beach, FL 32250 jaxchristiancounseling.com

Grace Center for Biblical Counseling

First Baptist Church downtown Jacksonville, FL 32202 (904) 366-1237 Www.fbcjax.com/counseling

Hope for the Hurting, Inc.

Linda S. Plunkett, PhD 9951 Atlantic Blvd. Ste. 222 Jacksonville, FL 32225 (904) 710-0529

Westside Behavioral Counseling Ctr.

Kenneth Hawn LMHC 931 Cassat Ave., Jacksonville, FL 32205 (904) 388-2828 Helpforeveryone.net

Joy Canaday, PhD, LMHC

5223 Damascus Rd. N. Jacksonville, FL 32207 (904) 737-0537

Pastoral Counseling Services

2140 Mango Place Jacksonville, FL 32207 (904) 398-2437

Susan Stanford-Rue, Ph.D.

3030 Hartley Blvd. Ste 220 Jacksonville, FL 32257 (904) 292-0085

Professional Christian Counseling

Toby Holly, LMHC (Families, Teens, Men's Issues) Ida Holly, LMHC (Children, Women's Issues) Wileen VandenOever, LCSW (Accepts Medicaid) 1608 Smith St.,Orange Park, FL 32073 (904) 213–8188

Volland & Associates

9951 Atlantic Blvd. Suite 100B Jacksonville, FL 32225 (904) 727-7778

Clay Behavioral 904-291-5561

Westside Counseling Center

Lynda Walls, PhD | Ken Hawn, LMHC 931 Cassat Ave. Jacksonville, FL 32205 www.helpforeveryone.net

Body Image Counseling Center

(San Marco area) 1545 Landon Ave. Jacksonville, FL 32207 (904) 737-3232 www.bodyimagecounseling.com

Linda Piampiano, Lic. Clinical Christian Counselor

3423 Loretto Rd. Jacksonville, FL 32223 (904) 504-5764

Post-Abortion, Family Christian Counseling

Mark Dumdei Med., LMFT 3000 Hartley Rd. Jacksonville, FL 32257 (904) 226-2446

Abortion Healing Assistance 904–213–9374

<u>Beaches</u>

Body Image Counseling Center 61 Sailfish Drive East

Atlantic Beach, FL 32233 (904) 737–3232 www.bodyimagecounseling.com

Family Life Christian Counseling 2121 Corporate Square Blvd. Jacksonville, 32216 (904) 725-1800

First Coast Therapy Group, Inc. 500 Sawgrass Village Circle Suite #9

Ponte Vedra Beach, FL 32082 (904) 280-8555

The Guidance Clinic

Jacksonville Beach, FL (904) 730-7575 Emergencies: Dr. Fulton (904) 568-8870

Deborah Hardman, MSW and LCSW

482 Jacksonville Drive Jacksonville Beach, FL (904) 247–3600

Linda Miller-Dowie, LCSW

2320 3rd Street South Jacksonville Beach, FL 32250 (904) 246-5001 www.lindamillerlcsw.com

Cindy Richetti, LMHC

100 Executive Way Suite 200 Ponte Vedra, FL 32082 (904) 647-4949

Mia Sell, RN and LMHC

Neptune Baptist Church (904) 465–3659

Family Life Christian Counseling

2121 Corporate Square Blvd., Suite B (904) 725-1800

The Silver Cord

Patricia M. Clary, PhD P.O. Box 3033 Ponte Vedra Beach, FL 32004 (904) 723-3600 www.thesilvercord.org

Community Counseling

*must meet certain criteria to receive services

Body Image Counseling Center

1545 Landon Ave. Jacksonville, FL 32207 (904) 737-3232

Child Guidance Center Inc.

(904) 448-4700 Arlington, Northside, Westside Habla Español (904) 448-4700 ext. 134 Serve children and 18 to 21 year-old high school students. Play therapy for those under 12

The Guidance Clinic

9140 Golfside Drive Ste. 4 Jacksonville, FL 32256 (904) 730-7575 Emergencies: Dr. Fulton (904) 568-8870

Jewish Family & Community Services

6261 Dupont Station Court East Jacksonville, FL 32217 (904) 448–1933 option 3 Therapy for individuals, couples and families In the 5-county area Accepts Medicaid and sliding scale fee

LINK Program/MHRC

(Quest Outreach) - M-F 8:00—5:00 611 E Adams St Jacksonville, FL 32202 (904) 358-2411 Assessments, referrals, medication management and substance abuse counseling for homeless individuals.

Mental Health Center of Jacksonville

3333 West 20th Street Jacksonville, FL 32254 (904) 695-9145

Mental Health Resource Center

11820 Beach Boulevard Jacksonville, FL 32246 (904) 642-9100

Trinity Rescue Mission (Women's)

(904) 355-1205 627 West Beaver St. Jacksonville, FL 32202 www.trinityrescue.org

Clay County Behavioral Health Center

www.ccbhc.org 3292 County Rd. 220 Middleburg, FL 32068(904)291-5561— Outpatient mental health services for adults.

The Onesimus Connection

Non-profit religious organization affiliated with Logos Global Network in Jacksonville, FL. TOC is a counseling program reaching out to those are struggling with anger and addiction issues. Group Session are a set amount per session while the fees for individual sessions are based on a sliding scale according to household income. 4043 Baymeadows Rd, Suite B. Jacksonville, FL 32217 (904) 382-1902

River Point Behavioral Health

6300 Beach Blvd. 32216 (904) 724-9202 Ask for Evaluation & Referral Dept. Alcohol & Drug rehab and Mental Health resources also available, both inpatient and outpatient treatment. No Medicaid, most private insurance accepted. www.riverpointbehavioral.com

Jacksonville Men's Rehabilitation

3333 Philips Hwy. Jacksonville 32207 Adults and Families with drug and Alcohol problems. Live In Facility—Residential Recovery for men. www.teenchallenge.cc Phone number: (904) 398-0013

Upward Climb Women

Community support group for women struggling with promiscuity, erotica, pornography, or premarital sex and other sexual tendencies. You are not alone. Email Stacey at upwardclimbwomen@gmail.com

Motherhood Space - Baptist Health

If you or someone you love is in crisis, there is help available. Adults, kids, and teens support is offered at no charge. Call (904) 202-7900 Text "HOME" to 741741



Rape & Abuse Help

***Betty Griffin House (904) 824-1555** (24-hr help line) Area: St. Johns County

City of Jacksonville, Sheriff's Office Area: Duval County (904) 630-0500

For crimes of a non-sexual nature

First Coast Child Protection (904) 633–0300 24 hr. line for minors

***Hubbard House, Inc.** 24 Hour counseling (904) 354–3114 (904) 400–6300 Outreach Center 8012 Lem Turner Rd., Jacksonville, FL Area: Duval County

*Quigley House, Inc.

(904) 284-0340 or 529-3643 24 Hour Hotline (904) 284-0061 Area: Clay County

Rape Crisis Hotline (18 and older)

904-630-6330 or 904-358-RAPE (7273) 403 W. 70th Street

United Way 211

(904) 632–0600 Area: Duval, Baker, Clay, Nassau & St. Johns *these facilities also function as domestic violence shelters

<u>Children and Youth</u> **Child Help** (800) 422-4453 national child abuse hotline

Florida Abuse Hotline

1-800-96-ABUSE 1-800-962-2873 1-800-453-5145

Shands Children's Crisis Center or First Coast Child Protection

(904) 633-0300 Child protection and medical team interview at-risk children for abuse or neglect. Assessments given to Department of Children and Families.

Youth Crisis Center

24 hour hotlines. Serves 10-17 year olds in the 5-county area Runaways (904) 725-6662 Project Safe Place (904) 720-0002



Misc. Counseling Services

SMA Healthcare, St Johns

For individuals 18 years or older with mental health needs. Services are free. No insurance required (904)-770-2960

Northwest Behavioral Health Services

Case mgmt., supportive housing,& outpatient counseling (904)-781-7797

NAMI-National Alliance on Mental Illness

Support & improve the quality of life for family members & those living with mental illness (904)-724-7782

EPIC Behavorial Healthcare, St Johns

Mental Health & abuse counseling for adults, teens, and children (904)-829-2273

Alcohol & Drug Resources

Addictions Rehabilitation Clinic Naval Hospital

Main line (904) 542–3473 Military & Families only. Extensive screening.

AL-ANON

Orange Park Free services (904)350-0600 Hot Line Support for friends and family of alcoholics www.Jaxafg.org for meeting schedules

Alcoholics Anonymous (AA)

Support for alcoholics 24-hr answering service. No fees 3128 Beach Blvd. (904) 399-8535 Kay Baumann: office manager

Alcoholic Service Center

20 West 4th Street (904) 355-6947 (NA) Drug and Alcohol Prevention

Baptist Behavioral Care

(904) 202-7900

Mental health services Inpatient only, crisis patients only. Accepts Medicaid and most private insurance. Will treat uninsured—client can go to ER for evaluation— for charge but community resource centers best for inpatient crisis stabilization. Day stay is available. <u>Partial Hospitalization</u> (904) 202-2296 <u>Outpatient Services</u> (904) 376-3800

Gateway Community Services

555 Stockton St., Jacksonville 32204 Main line (904) 387-4661 Mon.—Fri. 8-5 Inpatient, outpatient and detox services offered. Louise, Inpatient triage nurse (904) 389-9966 Gateway Connect—2 week wait for appointments

<u>Adult Detox.</u> (904) 781-0838 (evaluate on phone) Accepts most private insurance. Will treat uninsured on a case-by-case basis.

Adolescent treatment (904) 646-4889

*Detox (experimental use)—accept insured and uninsured

*Residential ext. 133 for drug dependency issues Residential program also offers sliding scale fee for those not receiving government assistance.

<u>Alumni House</u>- (904) 354-0835 Halfway House for substance & abuse disorders.

River Region Human Services

(904) 899-6300 Option 1 for patient appts. Open Mon-Fri 8:30-4:30 Serves the 5-county area—Drug & Alcohol treatment, outpatient & inpatient care. Medicaid accepted. Will treat uninsured in some cases or make referral, sliding scale fees based on income. (Does not accept private insurance.) Habla Español. <u>Admin office</u>—2055 Reyko Rd, Ste 101, Jax, 32207 <u>Clinical office</u>—390 Park St., Jacksonville 32204 Minerva Bryant, VP Clinical Operations

Salvation Army Adult Rehabilitation Ctr.

Provides free in-residence rehabilitation program with a focus on basic necessi ties.

- Inpatient program
- Group and individual therapy
- Daily fee required, insurance not necessary
- Christian based programs
- Arlington/Beach area

(904)641-2122

www.salvationarmynefl.org

City Rescue Mission

CRM exists to transforms the lives of the homeless and needy, serving them through the love and compassion of Jesus Christ.

• Provides food, clothing, shelter, and emergency services

- Residential Recovery Program
- Homeless men and women with or without children

Trinity Rescue Mission

Provides emergency services and free long-term recovery programs to the hungry, homeless and hurting in the greater Jacksonville area.

Dedicated to loving, serving, and helping those in need through the grace of Jesus Christ.

- Break the pattern of homelessness & addiction
- Overnight shelter & meals
- Free 60+ day residential program for women and men
- Freedom Farm: 6-9 month intensive discipleship for men

(904)355-1205 www.trinityrescue.org

Teen Challenge

We offer help to those whose lives have been damaged by the terrible effects of drug and alcohol dependency, co-dependency, and oth er life controlling problems. This program was developed to help residents overcome addic tions and to learn to live as drug-free Chris tians in the real world.

*Free income based in-patient recovery (904)317-0333 www.teenchallenge.cc

Halfway Houses

Sober Living Recovery Halfway House

Provides a safe, loving and comfortable environment where residents can transition in their recovery journey to everyday living while staying clean and sober. Properties include three sober living homes (two for men and one for women) in beautiful, serene wooded neighborhoods.

- Begin a new career with community partners
- Move to independent
- Men's recovery and separate women's recovery house
- Daily NA/AA meetings and sponsors required
- Drug testing 3X/ week

Christian Alcohol and Drug Rehab Help

Christ is at the center of Christian drug detox and Christian alcohol detox. The patient is given a message, which is reinforced throughout the entire program. "I can do all things through Christ who strengthens me."

- Highest quality medical care based on solid science
- Cleanse the body
- Supportive environment
- Acknowledge Christ's power to heal and free body and soul

(904) 432-3737

www. jacks on ville. christianal coholand drug rehab. com

The Beach House

Bridges the gap from treatment facilities and/or using environments with a safe recovery oriented transitional home.

- Separate men's and women's houses
- 100 yards from the Atlantic Ocean
- Owner has over 28 years of recovery
- Caring staff member on site 24/7 and always available to residents

(904)372-4098

www.thebeachhousesoberliving.com

Awakening Recovery Center

Provides help for alcoholism and drug addiction while allowing the affected person to live at home and work as usual.

- Intensive outpatient services only
- Cognitive-behavioral based therapy
- Suitable for employed functional alcoholics
- Accepts insurance or cash (904)733-7383

www.awakeningrecoverycenter.com

The Nurturing Network

1-800-866-4666 (800-TNN-4MOM) or tnn@nurturingnetwork.org Nationwide program for college/university women to transfer to another college and provide housing through pregnancy. Also for working women.

Robert Half International

1-800-803-8367

Office Team

1-800-804-8367 www.officeteam..com

PACE Center for Girls

<u>Jacksonville</u>

www.pacecenter.org/locations/jacksonville One West Adams Street, Suite 301 (904) 421-8585

<u>Clay County</u>

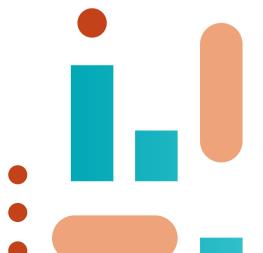
www.pacecenter.org/locations/clay 1241 Blanding Blvd, Suite 5 Orange Park, FL 32065 (904) 458-0840

Provides girls and young women an opportunity for a better future by providing holistic, gender responsive and trauma informed services including academics, counseling, service learning, career preparation and independent living skills.

Teen Challenge

<u>Jacksonville Women's Center</u> (904) 317-0333 <u>Jacksonville Men's Center</u> (904) 398-0013

In a day when drug abuse and addiction has crossed every geographic, economic, cultural and ethnic barrier, Teen Challenge offers hope for those who have grown up in families and communities where substance abuse creates a spiral of addiction, as well as those who come from stable and loving homes in good neighborhoods



HIV/AIDS Services

Catholic Charities Bureau

(904) 354-4846 Basic necessities for persons with HIV /AIDS in the 5-county area

STD Testing

APEL Health Services (904) 353-2514 (904)768-1561 5353 Soutel Dr. Ste C (Northside) Free HIV tests for anyone.

Duval County STD Clinic—Men & Women Comprehensive Care (904) 253-1040

Duval County Health Dept. – Women only 6 locations:

<u>Beaches Family Health Center</u> (904) 253–2555

Baker County- Health Department (904) 259-6291

South Jacksonville Family Health Ctr. (904) 253–1100

<u>River Region Human Services</u> (904) 301–1147 or 899–6300 610 N. Julia St. (downtown) HIV testing only Transportation may be available.

<u>Wesconnett Family Health Center</u> Westside (904) 253–1120

<u>West Jacksonville Family Health Center</u> (904) 253–2785

Clay County Health Dept. Bear Run Clinic

3229 Bear Run Blvd, Orange Park, FL 32065 (904) 272–3177 www.clay.floridahealth.gov



Help for a Child

Healthy Families of Jacksonville

A free, voluntary, early learning and family support program designed to help you be the best parent you can be, and to help your child grow and develop in the most important first months of his or her life.

- Support and education directly to you and to your family in your home.
- Trained family support workers visit pregnant and new moms and their families to provide knowledge and support in the areas of: Pregnancy wellness, Breastfeeding, Parenting skills, Positive parent-child interaction, Stages of infant and child development, Importance of bonding and attachment, Development screenings

Call (904) 520-7630 if you are in zip codes 32206, 32207, 32211, 32216, 32217, 32225, 32246, or 32277 Call (904)924-1740 if you are in zip codes 32202, 32204, 32205, 32208, 32209, 32210, 32218, 32244 or 32254

Salvation Army Development Center

Provides a high quality, affordable and accessible preschool program for children, opportunities for parent engagement, and ongoing professional development for our staff. We aim to provide the necessary skills, such as social, motor, early literacy, and number awareness for each and every child in order for them to be successful learners and ready for kindergarten.

(904)665-0102 www.salvationarmyfl.org



Childbirth Assistance

Doulas of Northeast Fla.

'doula' is an ancient Greek term that refers to a woman who helps other women. It is applied to women who provide physical, emotional, and informational support to the mother before, during and after childbirth.

Janet Mcllroy

(904) 249-0261 | FirstCoastFameaol.com
Master's level Christian psychologist
Specializes in childbirth education
Sliding scale | \$50 per class series of 4 classes.
For more referrals to local doulas visit
www.thebirthcompany.com/referral.htm
or call Rae Davies at (904) 285-0028

Natural Family Planning

Diocesan Center for Family Life

2577 Park Street Jacksonville (904) 551–2619 www.dcfl.org

Women's Help Center

www.pregnancyjacksonville.com/Jacksonville 4209 University Blvd. S Jacksonville, FL (904) 398–5143 <u>Beaches</u> 1903 North 3rd St Jacksonville Beach, FL (904) 249–8644

Paternity Testing

First Coast Testing Services

dnajax.net 2063 Oak St Jacksonville, FL (904) 358-9055

Dr.'s Choice First

drschoicefirst.com 1912 Hamilton St Jacksonville, FL (904) 800-2375

Breastfeeding Support

Baptist Health Women's Resource

Library open to the community 800 Prudential Drive (904) 202–2229 Offers: Breastfeeding 101 Class and postpartum group sibling class.

Breastfeeding National Network

(800) 835–5968 24 hour number Refer for breast pumps, parts, accessories & area breast feeding specialists. Sell nursing bras & rent baby scales. Consultation fees vary.

Healthy Mothers, Healthy Babies

(904) 854-7100, 5991 Chester Circle , 32217 All services free Hours: Mon-Thurs 10:30a-3:30p After hours emergencies (904) 499-5588

LaLeche League of Northeast Florida

Offer biweekly meetings on breastfeeding & assistance from pregnancy through nursing. Does not offer home visits or latch assessments but can refer to lactation consultations. Free community service.

www.llli.org/web/florida.html

Seton Center for Women and Infants Health

at St. Vincent's Medical Center (Riverside) Dillon Bldg. 3rd Floor, Suite 320 Open Mon-Fri 9am-4pm (904) 308-6359 leave message for Lois Smith or Toni Herndon, Clinical Resource Coordinator. Free help over the phone or in person Breast pump rentals and sales

Childbirth Classes

Baptist Medical Center

(904) 202-2229 Contact Felicia Durham CPR class (not for certification) \$20/ person 2 parenting sessions 0-12 months \$40/couple 3 basic childbirth sessions \$55/couple 4 weeks/sessions on childbirth \$65/couple Open to community

Duval County Health Dept.

(904) 253-2630 Family Health Education Services www.dchd.net Mon-Fri 8am-5pm Fern Hunter, Health Educator Education and care coordination for at-risk expectant mothers and infants.

Healthy Mothers, Healthy Babies Coalition of North Florida, Inc.

(904) 854-1700 ext. 14 Rhonda Thomason Open Mon-Fri 8:30-4:30 Baby sign language, newborn care & childbirth classes. After hours emergency 499-5588

Memorial Hospital

(904) 399-6691 Kerri, Education Dept. Classes offered: Baby Care Basics, Childbirth Refresher, Sibling Preparation, Infant/Child CPR, and Prepared Childbirth (includes Lamaze & breastfeeding.) Fees vary from \$10- \$60

St. Luke's Hospital

main# (904) 296-4344 Family Birth Place Education Line 296-4345 Series of 6 classes on Mon & Wed p.m. \$60 Ask for Jean to schedule



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Pregnancy Resource Centers First Coast Women's Services

<u>Call Center</u> 904-915-HELP (4357)

<u>Mandarin</u> 11215 San Jose Blvd. Jacksonville FL 32223 (904) 262-6300

<u>Kernan</u> 3475 Kernan Blvd S Jacksonville, FL 32224 (904) 246-7378

<u>Baker</u> 368 South 5th St Macclenny, FL 32063 (904) 259–2585

<u>Clay</u>

105 Old Jennings Rd Orange Park, FL 32065 (904) 213-9374

<u>Northside</u> 404 Owens Rd. Jacksonville, FL 32218 (904) 549-6122

<u>St. Augustine</u> 27 Sevilla St. St. Augustine, FL 32084 (904) 496-0358

Referral Information provided by the pregnancy center does not mean that the center guarantees or endorses the providers/agencies. These organizations are not affiliated with the center but rather are independent agencies. The center provides these referrals for your convenience only and does not necessarily endorse the materials, policies or practices of these providers/agencies. You are responsible for interviewing and selecting suitable providers/agencies. Therefore, you should do your own inquiry and contact providers/agencies directly for relevant information, such as infor mation on insurance coverage. If you are under 18 years of age, the center recommends that you seek the advice of a parent/guardian in considering providers.