

# COMPLETE LISTING OF MEDICAL & COUNSELING RESOURCES

FCWS Call Center 904-915-HELP (4357)

## **EMERGENCY RESOURCES**

Suicide Hotline (800) 273-8255

Rape Center Victim Services (904) 721–7273

> Poison Control Hotline 1-800-222-1222

Florida Child Abuse Hotline 1-800-962-2873

Abortion Pill Reversal

First Call for Help (United Way) Dial 211 or (904) 632-0600

Provides information on available charities that provide assistance.



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## Medical Care and Health Services For Women & Children

#### **DUVAL COUNTY HEALTH DEPT.**

Main Number: 253-1000

All clinics below will provide STD testing, and medical care for women including: Maternity Care, Family Planning and Gynecological Care including Pap-smears. Some centers can also provide comprehensive care to entire family, including children. All accept Medicaid and can evaluate financial needs of client seeking medical care.

#### **Agape West Community Health Center**

120 King St (904) 760-4904

#### **Beaches Family Health Center**

2344 South 3rd St. (904) 253-1080

#### **South Jax Primary Center**

3225 University Blvd. Suite 101 (904) 253–1220

#### **Wesconnett Health Center**

5150 Timuquana Rd. (904) 253-1130

#### **Center for Women & Children**

515 West 6th St. (904) 253-1080

#### Florida Kid Care

(888) 540-KIDS

Kids 'N Care (for foster children only)

(904) 253-1080 515 W 6th St

#### **Agape Family Health**

904-760-4904 120 King ST 5460 Blanding Blvd 1680 Dunn Ave 3900 University Blvd

Primary Care for Children & Adults, Chronic Disease Mgmt., On-Site Pharmacy, Mobile Medical Bus

#### Clay County Health Dept. Bear Run Clinic

3229 Bear Run Blvd, Orange Park, FL 32065 (904) 272–3177 www.clay.floridahealth.gov

#### WE CARE JACKSONVILLE, INC.

4615 Philips Hwy
Free medical treatment—primary and specialty
care— for indigent Duval County residents.
Coordinator, Mrs. Freddie Webster
(904) 674-6450
Pregnant women are referred to the Health Dept.

## **Participating We Care Cinics:**

## **Christ the King Clinic**

South Jacksonville Family Health Clinic 1736 University Blvd. South Walk-ins only Every 4th Saturday of the Month 9-1

## **Healing Hands Medical & Dental Clinic**

5128 Timuquana Rd. (904) 573-1333

#### I.M. Sulzbacher Health Center

Medical & Dental 611 East Adams St. (904) 359-0457 ext. 263

#### Mission House Clinic

(904) 241–6767 800 Shetter Ave. Jax Beach Call for appointments Mon & Thurs 1–3p

#### **Oasis Medical Clinic**

(904) 744-2133 2961 University Blvd N. Jacksonville, FL 32211 Habla Español

#### **Community Health Outreach**

5126 Timuquana Rd, Jacksonville, FL 32210 (904)-573-1333

www.chojax.org

Community Health Outreach Services Include:

- Emergency Dental Treatment
- Primary Medical Care
- Food Assistance
- Preventive Medical and Dental Care
- Health Awareness Programs
- Infant & Baby Items

## <u>Immunizations</u>

Immunizations Center 5322 N. Pearl Street (904) 253-1420

## **Other Healthcare Providers**

#### **Healthy Start Coalition**

(904) 723-5422

#### I.M. Sulzbacher Health Center

611 E. Adams St. (904) 359-0457 ext. 263 Free medical care for the homeless. Open Mon-Sat 9am-noon,Mon-Fri 2-4pm

#### St. Vincent's Family Practice

Does not accept after 22 weeks.

Miss McIntosh
(904) 308-7372 Riverside

Accepts Medicaid, offers STD testing

New OB patients, call (904) 308-8404

#### **UF Health Little Miracles**

Maternity Services (904)244-8109

Client must deliver at Shands and not have an application pending with Dept. of Children & Families. Accept presumptive Medicaid, most insurance & sliding scale payment program for clients with no insurance.

#### Volunteers In Medicine

Does not cover pregnancy 3728 Philips Hwy #34 (904) 399–2766

Free medical care (including pap smears and mammograms) and some medicines for Uninsured Workers earning a \$13,000 minimum income. Does not accept Medicaid.

## **Legacy of Care Health Clinic**

Provides free medical care for adults without health insurance and free health screenings to residents of Jack sonville. (904)-745-9333 www.legacyofcare.net

#### The Way Free Medical Clinic, Inc.

479 Houston St, Green Cove Springs, FL 32043 (904) 531–9504



## **Dental Referrals**

#### **Health Department Clinics:**

\*Full service, for children ages 1-20

Those not eligible for government assistance must meet with financial advisor.

#### **PARTICIPATING LOCATIONS:**

#### Children's Dental Center @ Central Health Plaza

515 West 6th Street (904) 253-1210

#### **North Point Dental Center**

3416 Moncrief RD (904) 253-1783

#### **South Jax Dental Clinic**

(904) 253-1240 1722 University Blvd. South

#### **Wesconnett Dental Center**

5150-9 Timuquana Rd. (904) 253-1130

#### **Dentists Care of Jacksonville**

\*For low-income, uninsured adults.

#### Children's Dental Care

921 N Davis ST Bldg A #251 (904) 253-1230

#### **PARTICIPATING CLINICS:**

#### **City Rescue Mission**

(904) 387-4357 ext. 4207 426 S. McDuff Ave. Open Tues, Thurs & Fri. (must be resident of mission)

#### **Healing Hands Medical**

(904) 573-1333 5126 Timuquana Rd. Long waiting list. THIS IS THE SAME AS LORDS STORE

#### **Sulzbacher Center Dental Clinic**

Beaches: 904-224-3550 Downtown: 904-394-8060

Open Thurs. 2-4 pm

Homeless only (ER Housing 359-0457)

\*Accepts Medicaid, Sliding Scale Payments &

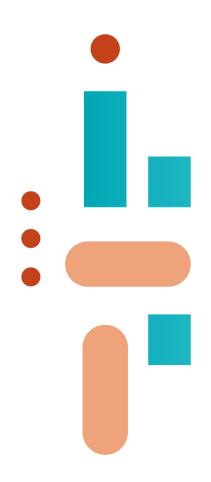
Most Insurance.

## \*\*Other reduced-cost clinics: Florida Baptist Convention

Mobile Dental Clinic (904) 596–3113 Travels throughout state of Florida. Extractions and fillings are FREE

#### **Family Dental Resources**

www.doh.statefl.us/
Patients must meet certain low-income



## **Medicaid Information**

For all Florida counties: 1-866-762-2237 English, Spanish and French spoken. Fax (904) 723-2079

#### **Social Security Administration**

7185 Bentley RD #1

800-772-1213

If you are new applicant for Medicaid, a representative at the above toll-free number will advise you which Service Center is in your area. Applications take at least 30 days to process.

#### **Application Assistance:**

1100 Cesery Blvd, Jacksonville FL OR 1918 Blanding Blvd, Jacksonville, FL 1845 Town Center Blvd. Fleming Island, FL

If you already have Medicaid, call (888) 419-3456 for a representative.

Or visit their websites: www.myflorida.com/accessflorida OR http://www.dcf.state.fl.us/ess/index

#### **UF Health Little Miracles**

655 West 8th Street at the Critical Center (904) 244-BABY
For women delivering at Shands only!
45-day presumptive Medicaid only.
Clients cannot have a pending application with Dept. of Children & Families or they are will not qualify for the program.

## **Insurance Information**

#### **Covering Families**

1-866-762-2079
www.myflorida.com/accessflorida
A national program that assists with low cost and free health insurance through Medicaid

#### Florida KidCare

(888) 540-5437 www.floridakidcare.org Subsidized health insurance for children of impoverished families. Cost contingent on family income and size. Habla Español

## **Medical Expenses Information**

#### **UF Health Outpatient Financial Services**

(904) 244-4015 option 1 ufhealth.org/financial-assistance This organization provides reduced cost medical services at Shands Hospital for qualified clients.

#### **UF Health Women's Health Services**

(904) 244-0411 ufhealthjax.org/womens-services/

#### **UF Health Little Miracles**

(904) 244-8109 ufhealthjax.org/community/little-miracles.aspx

The Little Miracles Program began to improve the health of mothers and their babies in Jacksonville and to encourage prenatal care. The program hosts three city-wide baby showers a year.

655 West 8th Street Jacksonville, FL 32209

## **Consumer Credit Counseling**

#### **Consumer Credit Counseling Services**

Jacksonville Beach (904) 249-5992



## **OB/GYN Offices**

## North Florida OB/GYN Offices

womenscareobgyn.com

#### <u>Jacksonville</u>

2525 Riverside Avenue, Jacksonville, FL 32204 904.388.–0704

9404 Way Point Place, Jacksonville FL 32257 904–387–9577

2363 Dunn Ave, Jacksonville FL 32218 904–387–9577

3 Shircliff Way, Suite 200 & 310 Jacksonville, FL 32204 904.387.9577

9889 Gate Parkway N, Suite 205 Jacksonville, FL 32246 OR 836 Prudential DR #1103 Jacksonville, FL 32207 904.398.7654

6885 Belfort Oaks Place, Suite 300 Jacksonville, FL 32216 904.296.4200

#### St. Augustine

301 Health Park Blvd. Ste. 219 St. Augustine, FL 32086 (904) 819–9898

#### Orange Park

1680 Eagle Harbor Parkway, Suite A Orange Park, FL 32003 904.264.9555

1605 Kingsley Avenue, Orange Park, FL 32073 904.269.5600

#### Yulee

850966 US Highway 17N, Yulee, FL 32097 904.321.2229

#### Beaches

1361 13th Avenue S., Suites 190 & 110 Jacksonville Beach, FL 32250 904.247.5514 Accept Medicaid w/ Primary Referral

#### Fernandina Beach

1411 South 14th St Suite D, Fernandina Beach, FL 32034 904-321-2229

#### <u>Macclenny</u>

725 South 6th Street, Macclenny, FL 32063 904–264–9555

North Florida OB/GYN offices listed accept the following Medicaid:
Molina Healthcare
United Healthcare's Medicaid -M \* Plus
Wellcare of Florida (Staywell & Florida Healthy Kids)

#### **UF Health Women's Specialists**

1155 East 21st Street, Jacksonville, FL 32206 (904) 383–1028

15255 Max Leggett Parkway Suite 4400 Jacksonville, FL 32218 (904) 383–1000

#### Florida Women's Care

3627 University Blvd South #340, Jacksonville, FL 32216 904-574-5994

4788 Hodges Blvd # 104, Jacksonville, FL 32224 904-574-5221 Accepts Molina & Sunshine State Medicaid

#### St. Vincent's OB/GYN

4203 Belfort RD Jacksonville, FL 32216 904-296-5688 Accepts Molina and Sunshine State Medicaid

## **Private OB/GYN Practices**

#### Dr. Michelle McLanahan

8075 Gate Parkway W #305 Jacksonville, FL 32216 Accepts Sunshine State & United Healthcare Medicaid

#### Dr. Quadir Khan

11701 San Jose Blvd, #114 Jacksonville, FL 32223 904–288–6910 Accepts Molina, Sunshine, and Staywell Medicaid Plans

#### **Shands Little Miracles**

655 West 8th ST Jacksonville, FL 32209 904-244-2229

#### <u>Orange Park</u>

#### **Generation to Generation**

1887 Kingsley Avenue #1500 Orange Park, FL 32073 904-633-0880

#### **Dr. Hyler & Associates**

1560 Kingsley Avenue Suite 4 Orange Park, FL 32073 (904) 264–1628

1658 St. Vincent's Way Suite 130 Middleburg, FL 32068 (904) 264-1628

## **Grief Support**

## Bereavement Services/Wolfson Children's Hospital

(904) 202-8000

#### **Hope & Healing**

(miscarriage, stillbirth, early infant death) 904-549-6114

#### The Compassionate Friends

Child loss support group, monthly meetings Jacksonville (904) 308–7481 St. Augustine (904) 794–5609

#### **Grief Share**

(904) 366-1236 First Baptist Church pastoral ministry Meets Sunday evenings; cover 10 topics.

#### **By fee????**

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Cindy L. Richetti LMHC MH 5791 100 Executive Way, Ponte Vedra Beach, FL (904) 280–8006



## Counseling

### Mandarin Christian Counseling

2950 Halcyon Lane #204
Jacksonville, FL 32223
(904) 262-1900 and
235 9th Avenue North
Jacksonville Beach, FL 32250
jaxchristiancounseling.com

#### **Grace Center for Biblical Counseling**

First Baptist Church downtown Jacksonville, FL 32202 (904) 366–1237 Www.fbcjax.com/counseling

#### Hope for the Hurting, Inc.

Linda S. Plunkett, PhD 9951 Atlantic Blvd. Ste. 222 Jacksonville, FL 32225 (904) 710-0529

#### Westside Behavioral Counseling Ctr.

Kenneth Hawn LMHC 931 Cassat Ave., Jacksonville, FL 32205 (904) 388-2828 Helpforeveryone.net

## Joy Canaday, PhD, LMHC

5223 Damascus Rd. N. Jacksonville, FL 32207 (904) 737-0537

#### **Pastoral Counseling Services**

2140 Mango Place Jacksonville, FL 32207 (904) 398-2437

#### Susan Stanford-Rue, Ph.D.

3030 Hartley Blvd. Ste 220 Jacksonville, FL 32257 (904) 292–0085

#### **Professional Christian Counseling**

Toby Holly, LMHC (Families, Teens, Men's Issues) Ida Holly, LMHC (Children, Women's Issues) Wileen VandenOever, LCSW (Accepts Medicaid) 1608 Smith St.,Orange Park, FL 32073 (904) 213–8188

#### **Volland & Associates**

9951 Atlantic Blvd. Suite 100B Jacksonville, FL 32225 (904) 727-7778

#### **Clay Behavioral**

904-291-5561

#### **Westside Counseling Center**

Lynda Walls, PhD | Ken Hawn, LMHC 931 Cassat Ave. Jacksonville, FL 32205 www.helpforeveryone.net

#### **Body Image Counseling Center**

(San Marco area) 1545 Landon Ave. Jacksonville, FL 32207 (904) 737-3232 www.bodyimagecounseling.com

## Linda Piampiano, Lic. Clinical Christian Counselor

3423 Loretto Rd. Jacksonville, FL 32223 (904) 504–5764

## Post-Abortion, Family Christian Counseling

Mark Dumdei Med., LMFT 3000 Hartley Rd. Jacksonville, FL 32257 (904) 226-2446

## **Abortion Healing Assistance**

904-213-9374

#### **Beaches**

#### **Body Image Counseling Center**

61 Sailfish Drive East Atlantic Beach, FL 32233 (904) 737–3232 www.bodyimagecounseling.com

#### **Family Life Christian Counseling**

2121 Corporate Square Blvd. Jacksonville, 32216 (904) 725–1800

#### First Coast Therapy Group, Inc.

500 Sawgrass Village Circle Suite #9 Ponte Vedra Beach, FL 32082 (904) 280-8555

#### The Guidance Clinic

Jacksonville Beach, FL (904) 730–7575 Emergencies: Dr. Fulton (904) 568–8870

#### Deborah Hardman, MSW and LCSW

482 Jacksonville Drive Jacksonville Beach, FL (904) 247–3600

#### Linda Miller-Dowie, LCSW

2320 3rd Street South Jacksonville Beach, FL 32250 (904) 246–5001 www.lindamillerlcsw.com

#### Cindy Richetti, LMHC

100 Executive Way Suite 200 Ponte Vedra, FL 32082 (904) 647-4949

#### Mia Sell, RN and LMHC

Neptune Baptist Church (904) 465–3659

#### **Family Life Christian Counseling**

2121 Corporate Square Blvd., Suite B (904) 725–1800

## The Silver Cord Patricia M. Clary, PhD

P.O. Box 3033 Ponte Vedra Beach, FL 32004 (904) 723–3600 www.thesilvercord.org

## **Community Counseling**

\*must meet certain criteria to receive services

#### **Body Image Counseling Center**

1545 Landon Ave. Jacksonville, FL 32207 (904) 737-3232

#### Child Guidance Center Inc.

(904) 448–4700 Arlington, Northside, Westside Habla Español (904) 448–4700 ext. 134 Serve children and 18 to 21 year–old high school students. Play therapy for those under 12

#### The Guidance Clinic

9140 Golfside Drive Ste. 4 Jacksonville, FL 32256 (904) 730-7575 Emergencies: Dr. Fulton (904) 568-8870

#### **Jewish Family & Community Services**

6261 Dupont Station Court East
Jacksonville, FL 32217
(904) 448–1933 option 3
Therapy for individuals, couples and families
In the 5-county area
Accepts Medicaid and sliding scale fee

#### LINK Program/MHRC

(Quest Outreach) - M-F 8:00-5:00 611 F Adams St Jacksonville, FL 32202 (904) 358-2411

Assessments, referrals, medication management and substance abuse counseling for homeless individuals.

#### Mental Health Center of Jacksonville

3333 West 20th Street Jacksonville, FL 32254 (904) 695-9145

#### Mental Health Resource Center

11820 Beach Boulevard Jacksonville, FL 32246 (904) 642-9100

#### Trinity Rescue Mission (Women's)

(904) 355-1205 627 West Beaver St. Jacksonville, FL 32202 www.trinityrescue.org

#### **Clay County Behavioral Health Center**

www.ccbhc.org 3292 County Rd. 220 Middleburg, FL 32068(904)291-5561— Outpatient mental health services for adults.

#### **The Onesimus Connection**

Non-profit religious organization affiliated with Logos Global Network in Jacksonville, FL. TOC is a counseling program reaching out to those are struggling with anger and addiction issues. Group Session are a set amount per session while the fees for individual sessions are based on a sliding scale according to household income.

4043 Baymeadows Rd, Suite B. Jacksonville, FL 32217 (904) 382-1902

#### **River Point Behavioral Health**

6300 Beach Blvd. 32216 (904) 724-9202

Ask for Evaluation & Referral Dept.

Alcohol & Drug rehab and Mental Health resources also available, both inpatient and outpatient treatment.

No Medicaid, most private insurance accepted. www.riverpointbehavioral.com

#### Jacksonville Men's Rehabilitation

3333 Philips Hwy. Jacksonville 32207 Adults and Families with drug and Alcohol problems. Live In Facility—Residential Recovery for men. www.teenchallenge.cc

Phone number: (904) 398-0013

#### **Upward Climb Women**

Community support group for women struggling with promiscuity, erotica, pornography, or premarital sex and other sexual tendencies. You are not alone. Email Stacey at upwardclimbwomen@gmail.com

#### **Motherhood Space - Baptist Health**

If you or someone you love is in crisis, there is help available. Adults, kids, and teens support is offered at no charge.

Call (904) 202-7900 Text "HOME" to 741741



## Rape & Abuse Help

## \*Betty Griffin House (904) 824-1555

(24-hr help line)

Area: St. Johns County

#### City of Jacksonville, Sheriff's Office

Area: Duval County (904) 630-0500 For crimes of a non-sexual nature

#### First Coast Child Protection

(904) 633-0300 24 hr. line for minors

#### \*Hubbard House, Inc.

24 Hour counseling (904) 354–3114 (904) 400–6300 Outreach Center 8012 Lem Turner Rd., Jacksonville, FL Area: Duval County

#### \*Quigley House, Inc.

(904) 284-0340 or 529-3643 24 Hour Hotline (904) 284-0061 Area: Clay County

#### Rape Crisis Hotline (18 and older)

904-630-6330 or 904-358-RAPE (7273) 403 W. 70th Street

#### **United Way 211**

(904) 632-0600

Area: Duval, Baker, Clay, Nassau & St. Johns
\*these facilities also function as domestic
violence shelters

#### Children and Youth

#### **Child Help**

(800) 422-4453 national child abuse hotline

#### Florida Abuse Hotline

1-800-96-ABUSE 1-800-962-2873 1-800-453-5145

#### Shands Children's Crisis Center or First Coast Child Protection

(904) 633-0300

Child protection and medical team interview at-risk children for abuse or neglect. Assessments given to Department of Children and Families.

#### **Youth Crisis Center**

24 hour hotlines.

Serves 10-17 year olds in the 5-county area Runaways (904) 725-6662 Project Safe Place (904) 720-0002



## Misc. Counseling Services

#### SMA Healthcare, St Johns

For individuals 18 years or older with mental health needs. Services are free. No insurance required (904)–770–2960

#### **Northwest Behavioral Health Services**

Case mgmt., supportive housing,& outpatient counseling (904)–781–7797

#### **NAMI-National Alliance on Mental Illness**

Support & improve the quality of life for family members & those living with mental illness (904)-724-7782

#### **EPIC Behavorial Healthcare, St Johns**

Mental Health & abuse counseling for adults, teens, and children (904)–829–2273

## **Alcohol & Drug Resources**

## Addictions Rehabilitation Clinic Naval Hospital

Main line (904) 542–3473 Military & Families only. Extensive screening.

#### **AL-ANON**

Orange Park Free services (904)350-0600 Hot Line Support for friends and family of alcoholics www.Jaxafg.org for meeting schedules

#### Alcoholics Anonymous (AA)

Support for alcoholics 24-hr answering service. No fees 3128 Beach Blvd. (904) 399–8535 Kay Baumann: office manager

#### **Alcoholic Service Center**

20 West 4th Street (904) 355–6947 (NA) Drug and Alcohol Prevention

#### **Baptist Behavioral Care**

(904) 202-7900

Mental health services Inpatient only, crisis patients only. Accepts Medicaid and most private insurance. Will treat uninsured—client can go to ER for evaluation— for charge but community resource centers best for inpatient crisis stabilization. Day stay is available.

<u>Partial Hospitalization</u> (904) 202–2296 <u>Outpatient Services</u> (904) 376–3800

#### **Gateway Community Services**

555 Stockton St., Jacksonville 32204
Main line (904) 387-4661 Mon.—Fri. 8-5
Inpatient, outpatient and detox services offered.
Louise, Inpatient triage nurse (904) 389-9966
Gateway Connect—2 week wait for appointments

Adult Detox. (904) 781-0838 (evaluate on phone) Accepts most private insurance. Will treat uninsured on a case-by-case basis.

#### Adolescent treatment (904) 646-4889

- \*Detox (experimental use)—accept insured and uninsured
- \*Residential ext. 133 for drug dependency issues Residential program also offers sliding scale fee for those not receiving government assistance.

<u>Alumni House</u>- (904) 354-0835 Halfway House for substance & abuse disorders.

(904) 899-6300 Option 1 for patient appts.

#### **River Region Human Services**

Open Mon-Fri 8:30-4:30
Serves the 5-county area—Drug & Alcohol treatment, outpatient & inpatient care. Medicaid accepted. Will treat uninsured in some cases or make referral, sliding scale fees based on income. (Does not accept private insurance.) Habla Español. Admin office—2055 Reyko Rd, Ste 101, Jax, 32207 Clinical office—390 Park St., Jacksonville 32204 Minerva Bryant, VP Clinical Operations

#### Salvation Army Adult Rehabilitation Ctr.

Provides free in-residence rehabilitation program with a focus on basic necessi ties.

- Inpatient program
- Group and individual therapy
- Daily fee required, insurance not necessary
- Christian based programs
- Arlington/Beach area

(904)641-2122

www.salvationarmynefl.org

#### **City Rescue Mission**

CRM exists to transforms the lives of the homeless and needy, serving them through the love and compassion of Jesus Christ.

- Provides food, clothing, shelter, and emergency services
- Residential Recovery Program
- Homeless men and women with or without children

## **Trinity Rescue Mission**

Provides emergency services and free long-term recovery programs to the hungry, homeless and hurting in the greater Jacksonville area.

Dedicated to loving, serving, and helping those in need through the grace of Jesus Christ.

- Break the pattern of homelessness & addiction
- Overnight shelter & meals
- Free 60+ day residential program for women and men
- Freedom Farm: 6-9 month intensive discipleship for men

(904)355-1205

www.trinityrescue.org

#### **Teen Challenge**

We offer help to those whose lives have been damaged by the terrible effects of drug and alcohol dependency, co-dependency, and oth er life controlling problems. This program was developed to help residents overcome addictions and to learn to live as drug-free Christians in the real world.

\*Free income based in-patient recovery (904)317-0333 www.teenchallenge.cc

## **Halfway Houses**

#### Sober Living Recovery Halfway House

Provides a safe, loving and comfortable environment where residents can transition in their recovery journey to everyday living while staying clean and sober. Properties include three sober living homes (two for men and one for women) in beautiful, serene wooded neighborhoods.

- Begin a new career with community partners
- Move to independent
- Men's recovery and separate women's recovery house
- Daily NA/AA meetings and sponsors required
- Drug testing 3X/ week

## Christian Alcohol and Drug Rehab Help

Christ is at the center of Christian drug detox and Christian alcohol detox. The patient is given a message, which is reinforced throughout the entire program. "I can do all things through Christ who strengthens me."

- Highest quality medical care based on solid science
- Cleanse the body
- Supportive environment
- Acknowledge Christ's power to heal and free body and soul

(904) 432-3737

www.jacksonville.christianalcoholanddrugrehab.com

#### The Beach House

Bridges the gap from treatment facilities and/or using environments with a safe recovery oriented transitional home.

- Separate men's and women's houses
- 100 yards from the Atlantic Ocean
- Owner has over 28 years of recovery
- Caring staff member on site 24/7 and always available to residents

(904)372-4098

www.thebeachhousesoberliving.com

#### **Awakening Recovery Center**

Provides help for alcoholism and drug addiction while allowing the affected person to live at home and work as usual.

- Intensive outpatient services only
- Cognitive-behavioral based therapy
- Suitable for employed functional alcoholics
- Accepts insurance or cash

(904)733-7383

www.awakeningrecoverycenter.com

#### The Nurturing Network

1-800-866-4666 (800-TNN-4MOM) or tnn@nurturingnetwork.org
Nationwide program for college/university women to transfer to another college and provide housing through pregnancy. Also for working women.

#### **Robert Half International**

1-800-803-8367

#### Office Team

1-800-804-8367 www.officeteam..com

#### **PACE Center for Girls**

#### <u>Jacksonville</u>

www.pacecenter.org/locations/jacksonville One West Adams Street, Suite 301 (904) 421-8585

#### Clay County

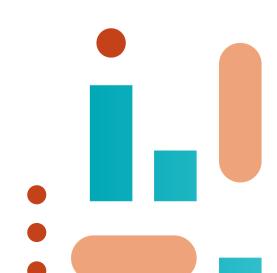
www.pacecenter.org/locations/clay 1241 Blanding Blvd, Suite 5 Orange Park, FL 32065 (904) 458-0840

Provides girls and young women an opportunity for a better future by providing holistic, gender responsive and trauma informed services including academics, counseling, service learning, career preparation and independent living skills.

#### **Teen Challenge**

Jacksonville Women's Center (904) 317-0333 Jacksonville Men's Center (904) 398-0013

In a day when drug abuse and addiction has crossed every geographic, economic, cultural and ethnic barrier, Teen Challenge offers hope for those who have grown up in families and communities where substance abuse creates a spiral of addiction, as well as those who come from stable and loving homes in good neighborhoods



## **HIV/AIDS Services**

#### Catholic Charities Bureau

(904) 354-4846

Basic necessities for persons with HIV /AIDS in the 5-county area

## **STD Testing**

#### **APEL Health Services**

(904) 353-2514 (904)768-1561 5353 Soutel Dr. Ste C (Northside) Free HIV tests for anyone.

#### **Duval County STD Clinic-Men & Women**

Comprehensive Care (904) 253-1040

**Duval County Health Dept.** – Women only 6 locations:

<u>Beaches Family Health Center</u> (904) 253–2555

<u>Baker County- Health Department</u> (904) 259-6291

South Jacksonville Family Health Ctr. (904) 253–1100

River Region Human Services (904) 301-1147 or 899-6300 610 N. Julia St. (downtown) HIV testing only Transportation may be available.

Wesconnett Family Health Center Westside (904) 253-1120

<u>West Jacksonville Family Health Center</u> (904) 253–2785

## Clay County Health Dept. Bear Run Clinic

3229 Bear Run Blvd, Orange Park, FL 32065 (904) 272–3177 www.clay.floridahealth.gov



## **Help for a Child**

#### **Healthy Families of Jacksonville**

A free, voluntary, early learning and family support program designed to help you be the best parent you can be, and to help your child grow and develop in the most important first months of his or her life.

- Support and education directly to you and to your family in your home.
- Trained family support workers visit pregnant and new moms and their families to provide knowledge and support in the areas of: Pregnancy wellness, Breastfeeding, Parenting skills, Positive parent-child interaction, Stages of infant and child development, Importance of bonding and attachment, Development screenings

Call (904) 520-7630 if you are in zip codes 32206, 32207, 32211, 32216, 32217, 32225, 32246, or 32277

Call (904)924-1740 if you are in zip codes 32202, 32204, 32205, 32208, 32209, 32210, 32218, 32244 or 32254

## **Salvation Army Development Center**

Provides a high quality, affordable and accessible preschool program for children, opportunities for parent engagement, and ongoing professional development for our staff. We aim to provide the necessary skills, such as social, motor, early literacy, and number awareness for each and every child in order for them to be successful learners and ready for kindergarten.

(904)665-0102

www.salvationarmyfl.org

## **Childbirth Assistance**

#### Doulas of Northeast Fla.

'doula' is an ancient Greek term that refers to a woman who helps other women. It is applied to women who provide physical, emotional, and informational support to the mother before, during and after childbirth.

#### **Janet Mcllroy**

(904) 249-0261 | FirstCoastFam@aol.com
Master's level Christian psychologist
Specializes in childbirth education
Sliding scale | \$50 per class series of 4 classes.
For more referrals to local doulas visit
www.thebirthcompany.com/referral.htm
or call Rae Davies at (904) 285-0028

## **Natural Family Planning**

#### **Diocesan Center for Family Life**

2577 Park Street Jacksonville (904) 551-2619 www.dcfl.org

#### Women's Help Center

www.pregnancyjacksonville.com/Jacksonville 4209 University Blvd. S Jacksonville, FL (904) 398–5143

#### **Beaches**

1903 North 3rd St Jacksonville Beach, FL (904) 249–8644

## **Paternity Testing**

#### **First Coast Testing Services**

dnajax.net 2063 Oak St Jacksonville, FL (904) 358-9055

#### **Dr.'s Choice First**

drschoicefirst.com 1912 Hamilton St Jacksonville, FL (904) 800–2375



## **Breastfeeding Support**

#### **Baptist Health Women's Resource**

Library open to the community 800 Prudential Drive (904) 202–2229 Offers: Breastfeeding 101 Class and postpartum group sibling class.

#### **Breastfeeding National Network**

(800) 835–5968 24 hour number Refer for breast pumps, parts, accessories & area breast feeding specialists. Sell nursing bras & rent baby scales. Consultation fees vary.

#### **Healthy Mothers, Healthy Babies**

(904) 854-7100, 5991 Chester Circle , 32217 All services free Hours: Mon-Thurs 10:30a-3:30p After hours emergencies (904) 499-5588

#### LaLeche League of Northeast Florida

Offer biweekly meetings on breastfeeding & assistance from pregnancy through nursing. Does not offer home visits or latch assessments but can refer to lactation consultations. Free community service.

www.llli.org/web/florida.html

#### Seton Center for Women and Infants Health

at St. Vincent's Medical Center (Riverside)
Dillon Bldg. 3rd Floor, Suite 320
Open Mon-Fri 9am-4pm
(904) 308-6359 leave message for Lois Smith or Toni
Herndon, Clinical Resource Coordinator.

Free help over the phone or in person Breast pump rentals and sales



## **Childbirth Classes**

#### **Baptist Medical Center**

(904) 202-2229 Contact Felicia Durham CPR class (not for certification) \$20/ person 2 parenting sessions 0-12 months \$40/couple

3 basic childbirth sessions \$55/couple

4 weeks/sessions on childbirth \$65/couple Open to community

#### **Duval County Health Dept.**

(904) 253-2630
Family Health Education Services
www.dchd.net Mon-Fri 8am-5pm
Fern Hunter, Health Educator
Education and care coordination for at-risk
expectant mothers and infants.

## Healthy Mothers, Healthy Babies Coalition of North Florida, Inc.

After hours emergency 499-5588

(904) 854–1700 ext. 14 Rhonda Thomason Open Mon-Fri 8:30–4:30 Baby sign language, newborn care & childbirth classes.

## **Memorial Hospital**

(904) 399–6691

Kerri, Education Dept.

Classes offered: Baby Care Basics, Childbirth Refresher, Sibling Preparation, Infant/Child CPR, and Prepared Childbirth (includes Lamaze & breastfeeding.) Fees vary from \$10-\$60

#### St. Luke's Hospital

main# (904) 296-4344
Family Birth Place Education Line 296-4345
Series of 6 classes on Mon & Wed p.m. \$60
Ask for Jean to schedule

# Pregnancy Resource Centers First Coast Women's Services

## <u>Call Center</u> 904-915-HELP (4357)

## Mandarin

11215 San Jose Blvd. Jacksonville FL 32223 (904) 262-6300

## Kernan

3475 Kernan Blvd S Jacksonville, FL 32224 (904) 246-7378

## Baker

368 South 5th St Macclenny, FL 32063 (904) 259-2585

## <u>Clay</u>

105 Old Jennings Rd Orange Park, FL 32065 (904) 213-9374

## <u>Northside</u>

404 Owens Rd. Jacksonville, FL 32218 (904) 549-6122

## St. Augustine

232 Southpark Circle E St. Augustine, FL 32086 (904) 496-0358

Referral Information provided by the pregnancy center does not mean that the center guarantees or endorses the providers/agencies. These organizations are not affiliated with the center but rather are independent agencies. The center provides these referrals for your convenience only and does not necessarily endorse the materials, policies or practices of these providers/agencies. You are responsible for interviewing and selecting suitable providers/agencies. Therefore, you should do your own inquiry and contact providers/agencies directly for relevant information, such as information on insurance coverage. If you are under 18 years of age, the center recommends that you seek the advice of a parent/guardian in considering providers.